

Your appointment will take place at:

Wellbeing Clinic, 1 Wentworth House, Vernon Gate, Derby DE1 1UR

Wentworth House is on Vernon Gate. Vernon Gate is the old Derby jail and has recently been a greyhound racing stadium.

Coming from Nottingham to the Derby inner ring road (A52 to Ashbourne).

From Nottingham take the A52 to Derby. Stay on A52 Derby ring road and follow the signs for A38 and Ashbourne (A52). Turn right at the Friar Gate traffic lights and go under the old Friar Gate bridge (ornate Victorian iron railway bridge over Friar Gate) keep in the left hand lane up to the traffic lights at the cross-roads junction between Friar Gate, Ashbourne Road, Uttoxeter Old Road and Brick Street. Turn left into Uttoxeter Old Road and take the first left (about 120-140 yards) into South Street.

Coming from Loughborough along the A6 to the Derby inner ring road (A52 to Ashbourne).

Take the A6 to Derby which brings you along London Road. Stay on the London Road and at the top (Derbyshire Royal Infirmary on your left with the statue of Florence Nightingale just before a roundabout) is a roundabout. Turn right, onto a dual carriageway which leads down to a large roundabout with a multi-storey car park in the middle. Go round the roundabout with the bus station on your left, following the signs for the A38 and Ashbourne (A52). You will go over the River Derwent, skirting the edge of the city centre. At the next traffic lights (the junction with Friar Gate) get in the right hand lane, turning right and going under the old Friar Gate bridge (ornate Victorian iron railway bridge over Friar Gate). Get in the left hand lane and at the next traffic lights turn left into Uttoxeter Old Road. About 120-140 yards (just prior to a pedestrian crossing), turn left into South Street.

Coming from the A6 (Belper)

Get onto the A38 heading to Derby. Keep in the left hand lane as you approach the Market on roundabout. Turn left down Ashbourne Road and keep going until you reach the traffic lights at the x-roads junction with Friar Gate (just past a 'Blockbuster' video store on your right). Take the right hand lane at the traffic lights and turn right up Uttoxeter Old Road.

Turn immediately right into Vernon Gate (Private Road) and immediately right again, into our car park. Park on the row closest to the clinic entrance in one of our free parking places.

Wentworth House is the first building on the left immediately before the actual Vernon Gate (the big stone gate). DO NOT GO THROUGH THE GATE. If you are standing directly in front of the big stone gate Wentworth House will be on your far right.

Dr Vohra's clinic is on the top floor and although there is no lift there is a stair lift. If you feel you would be unable to manage this please contact our head office as soon as possible

Buses:

The Arriva Derby Service No 28 runs from Derby Victoria Street, Stand C3 every 10 minutes and stops at the junction of Uttoxeter Old Road and South Street, just a short walk from the clinic.

Parking:

There are usually a few spaces in the Wentworth House Visitors Car Park, or there is on road parking in Vernon Street. The nearest public car park is at the junction of Stafford Street and Friar Gate.

Useful Telephone Numbers

Head Office - **0114 237 6166**
(Appointments & General Queries)

The Clinic - **01332 224820**
(Directions/Problems on the Day)

Dr Vohra's Mobile - **07778 475181**
(Emergencies – last resort)



WELLBEING CLINIC, 1 WENTWORTH HOUSE
VERNON GATE, DERBY DE1 1UR

